

# Keto Cheese & Butter Rolls



Dig into the delightful low-carb cheese & butter rolls. Just 2 minutes and your snack is ready!

## Ingredients for 2 serving (US/Metric)

- 75g / 2.6oz Cheese, cheddar
- 2 *tbsp* Butter
- 14 *tsp* Fresh parsley
- 1 *tsp* Herb Mix

## Nutrition (US/Metric)

- Protein: 16%

- **Fat:** 81%
- **Net carbs:** 2%

## Instructions

1. Put the slices of cheddar (Emmentaler or any of your choice) cheese on a dish.
2. Place thinly sliced butter on each cheese slice. Roll it up.
3. Serve as it is or with a dash of smoked paprika or freshly chopped herbs.