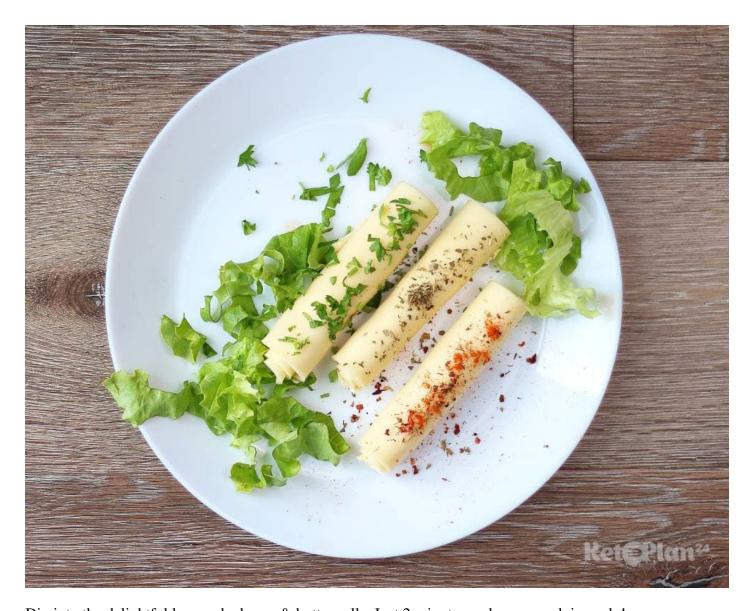
## **Keto Cheese & Butter Rolls**



Dig into the delightful low-carb cheese & butter rolls. Just 2 minutes and your snack is ready!

## **Ingredients for 2 serving (US/Metric)**

- 75g / 2.6oz Cheese, cheddar
- 2 tbsp Butter
- 14 tsp Fresh parsley
- 1 tsp Herb Mix

## **Nutrition (US/Metric)**

• **Protein**: 16%

• **Fat**: 81%

• Net carbs: 2%

## **Instructions**

- 1. Put the slices of cheddar (Emmentaler or any of your choice) cheese on a dish.
- 2. Place thinly sliced butter on each cheese slice. Roll it up.
- 3. Serve as it is or with a dash of smoked paprika or freshly chopped herbs.